



PADDLE PAINTING WORKSHOP

Discover your artist within with this two-part workshop in painting canoe paddles. Finished paddles will be featured in NISA/Northern Initiative for Social Action's Fall Art Show, October 1-9 at the Northern Water Sports Centre. NISA is a peer-run organization offering recovery-oriented programming for individuals with lived experience of mental illness.

SATURDAY, SEPTEMBER 10 & 17 | 10-3pm

SESSION ONE: Northern Initiative for Social Action
36 Elgin Street, Second Floor

SESSION TWO: Northern Water Sports Centre
206 Ramsey Lake Road

LIMITED SPOTS!

GAZE UP
A NISA project



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